

Health Care



In This Section You Will Find Information on:

- Health Tips
- Arizona Health Care Cost Containment System (AHCCCS): Arizona's Medicaid Program
- Supplemental Security Income/Medical Assistance Only (SSI/MAO)
- Arizona Long Term Care System (ALTCS)
- S.O.B.R.A. For Children and Pregnant Women
- KidsCare
- Medicare
- Specified Low-Income Medicare Beneficiary Program (SLMB)
- Qualified Medicare Beneficiary Program (QMB)
- Arizona State Health Insurance Assistance Program (SHIP)
- County Health Departments
- Community Health Centers
- Regional Behavioral Health Authorities
- Planned Parenthood
- Baby Arizona
- Immunizations
- Reduced Fee Dental Clinics
- CoppeRx Card

Health Tips

- Take responsibility for your own health by not smoking, drinking alcohol only in moderation, getting enough rest and exercise, and consciously trying to reduce stress in your life.
- Don't use hospital emergency rooms for anything but an actual emergency.
- Handle health problems at home with self care. Only consult a doctor when absolutely necessary.
- Ask your doctor and pharmacist for generic brand prescription medication and free samples.
- Take advantage of free or low-cost health screening and clinics provided at health fairs. Call your local public health department for more information.
- Get detailed medical bills and check for accuracy.
- Talk openly and honestly with your doctor or health care provider, feel free to ask questions, and choose a doctor with whom you feel most comfortable.
- Seek out prenatal care early in pregnancy (see Planned Parenthood on page 60 and Baby Arizona page 00).

Tips provided by Cooperative Extension (see page 49).

Arizona Health Care Cost Containment System (AHCCCS)

Program Description

AHCCCS is Arizona's Medicaid health care program. If you qualify, you can receive most of your healthcare at little or no cost. If you were eligible for the "Medicaid" program in another state, you may be eligible for AHCCCS.

Eligibility Information

Applicants must be a U.S. citizen or qualified non-citizen, a resident of Arizona, not living in a penal institution, and have an income at or below 100% of the FPL to qualify for AHCCCS.

If you qualify for any of the following programs you are automatically eligible for AHCCCS, provided you meet non-financial eligibility requirements:

- IV-E Foster Care or subsidized adoption and
- Supplemental Security Income (SSI, see page 40)

If you do not qualify for either of the programs listed above, you may still be eligible for AHCCCS benefits.

Single adults with no children as well as families may be eligible for AHCCCS Health Insurance through one of several programs administered by the Arizona Department of Economic Security.

Documents To Bring:

When you fill out an application, you will also need to provide several different types of documents in order to establish if you qualify for the program:

- One type of identification (examples: driver's license, school identification card with a photograph, draft card) for every member of the family
- Verification of family relationships (examples: birth or baptismal certificates, adoption papers, marriage certificate).
- Proof of residency (examples: recent rent receipt, utility bill, Arizona driver's license, motor vehicle registration).

- Proof of U.S. Citizenship (social security or birth certificate) or lawful permanent resident status (examples: passport, naturalization certificate, alien card issued by the United States Citizenship and Immigration Services).
- Proof of all household monthly income (examples: pay stubs, award letters or copies of checks from Social Security, Veteran's Administration, unemployment, child support or school financial aid). If you are self-employed you will need to provide your previous year's income tax return or your current year business records.
- Information about cash on hand including money in checking and savings accounts, stocks, bonds or life insurance policies.
- Information about property and vehicles owned or recently sold.
- Receipts or canceled checks for court-ordered alimony or child-support. (You must provide your court order to receive the deduction.)
- Medical bills you have received in the past year, regardless of whether they've been paid.

Where to Apply

For more information contact the nearest DES/Family Assistance Administration Office (see page 95) or call 1-800-352-8401 to be referred to the appropriate AHCCCS office. In Maricopa County call 602-542-9935.

You can apply online at: www.healtharizona.org, and more information is also available online at: www.azahcccs.gov/site/.

SSI Medical Assistance Only Program (SSI-MAO)

Program Description

This program, which is administered directly by AHCCCS, offers medical assistance to persons who are 65 years of age or older, blind, or disabled and not receiving SSI Cash.

Eligibility Information

In order to be eligible for the SSI-MAO Health Insurance Program at a minimum you must:

- Be an Arizona Resident, not living in a penal institution
- Provide proof of identity (examples: drivers license, school ID card with photograph, draft card)
- Be age 65 or older, or blind or disabled as determined by the Social Security Administration
- Provide proof of citizenship or qualified non-citizen status (US passport, birth certificate, naturalization document, lawful permanent resident card).\
- Have income that does not exceed 100% of FPL

An appointment is not necessary. Applications for SSI MAO are handled by mail and phone.

Where to Apply

Contact the SSI-MAO eligibility office by calling:

Inside Maricopa County:	602-417-5010
Outside of Maricopa County:	1-800-528-0142

Arizona Long Term Care System (ALTCS)

Program Description:

The Arizona Long Term Care System (ALTCS) was developed to provide quality long term care for people who cannot pay for the care they need. ALT care services in a person's home, in a community based setting such as an assisted living home or in a nursing home.

Eligibility Information:

To qualify for ALTCS you must be both financially and medically eligible. You must be a resident of Arizona and a U.S. citizen or qualified non-citizen, not living in a penal institution.

If you receive SSI (see page 40) or Cash Assistance, you are already financially eligible for ALTCS. If you are not receiving SSI or Cash Assistance then ALTCS must determine your financial eligibility. In most cases, your income and countable resources (examples: personal property or savings) will be used to determine your financial eligibility.

Once you are determined to be financially eligible for ALTCS, you must complete the Pre-Admission Screening (PAS) to make sure you are medically eligible for the program. Only applicants who are "at risk" of institutionalization such as nursing home care, will be eligible for ALTCS benefits.

Documents To Bring

- Proof of U.S. citizenship or legal non-citizen status (examples: passport, naturalization certificate, birth certificate)
- Proof of identity (examples: driver's license, school ID card with photograph, draft card).
- Current bank account statements
- Motor vehicle registration for all vehicles
- Statement of money owed on all vehicles
- Proof of income (pay stubs, award letters for Social Security, disability insurance, unemployment, pensions, retirement).

Where to Apply:

For more information contact your local ALTCS office or call toll-free **1-800-654-8713**

Cochise County

484 E Tacoma
Sierra Vista, AZ 85635
520-459-7050

Coconino County

2717 N 4th St
Suite 130
Flagstaff, AZ 86004
928-527-4104
1-800-540-5042

Gila County

Cobre Valle Plaza
2250 Hwy 60 Ste H
Miami, AZ 85339
928-425-3165
1-888-425-3165

Maricopa County

Valley ALTCS Office
801 E Jefferson
MD 1600
Phoenix, AZ 85034
602-417-6400

2830 W Glendale Ave #34
Phoenix, AZ 85051
602-417-6000

801 E Jefferson , MD 800
Phoenix, AZ 85034
602-417-6600

Mohave County

519 E Beale St #150
Kingman, AZ 86401
928-753-2828
1-888-300-8348

2160 N McCullough Blvd
Suite 105
Lake Havasu City, AZ 86403
928-453-5100
1-800-654-2076

Navajo County

Tsey Shopping Center
US Highway 191
P.O. Box 1942
Chinle, AZ 86503
928-674-5439
1-888-800-3804

580 E Old Linden Rd
Suite 3
Show Low, AZ 85901
928-537-1515
1-877-5371515

Pima County

1010 N Finance Center
#201
Tucson, AZ 85701
520-205-8600
1-800-824-2656

Pinal County

500 N Florence St
Casa Grande, AZ 85222
520-421-1500

Yavapai County

1 N Main St
Cottonwood, AZ 86326
928-634-8101

1519 W. Gurley St, #11
Prescott, AZ 86305
928-778-3968
1-888-778-5600

Yuma County

3850 W 16th St Ste B
Yuma, AZ 85364
928-782-0776

S.O.B.R.A.

Program Description:

SOBRA provides medical coverage under AHCCCS to pregnant women of any age and children up to the age of 19 years.

Eligibility Information

You must be a U.S. Citizen or Qualified Immigrant, and a non-inmate Resident of Arizona to qualify. Women at any stage of pregnancy may apply. For pregnant women, the monthly income limit is 150% of the Federal Poverty Level (FPL) or \$2,289 for a family of four.

For children under the age of 1, the monthly income limit is 140% of FPL. For children ages one through five, the monthly income limit is 133% of FPL. For children age six and older, the monthly income limit is 100% of the FPL.

There is no limit on the resources or property that may be owned.

Where to Apply

You will be asked to complete an application at your first appointment with a participating Doctor. Please contact the Arizona Department of Health Services (ADHS) Pregnancy and Breastfeeding Hotline at **1-800-833-4642** for a list of participating Doctors.

Documents Needed

You will be asked to verify your status as a U.S. Citizen or Qualified Immigrant in order to enroll.

How to Apply

Contact the ADHS Pregnancy and Breastfeeding Hotline at 1-800-833-4642:

- You will be given a list of participating Doctors;
- Choose one of the Doctors;
- Make an appointment for a prenatal (pregnancy) visit;
- At your first visit, the office staff will assist you in completing an application for AHCCCS medical coverage;
- You will be asked to take information with you to your first visit to show you are eligible for the Baby Arizona program.

You can also apply at your local DES Office (see page 95).

The application process is 20 working days from the time an application is received, but applicants can usually receive care sooner, depending on a doctor's office schedule. If the applicant is ineligible, a reasonable payment plan may be arranged with the doctor's office for the services received, and to continue care.

For more information, please visit the website at
<http://www.ahcccs.state.az.us/Services/Programs/Sobra.asp>.

KidsCare

At the time of printing this Edition, the Governor and Legislature had cut funding for KidsCare. The program has been capped and all new applicants are being placed on a waiting list. Please contact the numbers listed below for more information. The KidsCare Parents program which provided health insurance for parents of children on KidsCare was eliminated by the Legislature and Governor.

Program Description

KidsCare is Arizona's health insurance program for qualified children under the age of 19. A monthly premium typically must be paid as a condition of eligibility. Eligible children will be enrolled with the health care plan that their parents or guardians select.

Parents can opt to enroll with:

- An AHCCCS Health Plan
- Indian Health Services with some services available through a tribal entity.

Call 602-417-KIDS (5437) or 1-877-764-5437 for more information about services covered by each AHCCCS Health Plan.

Eligibility Information

To be eligible for KidsCare, a child must:

- Be under the age of 19
- Be a resident of Arizona
- Be a U.S. citizen or qualified non-citizen
- Provide a social security number
- Have qualifying income at or below 200% of the Federal Poverty Guidelines

Children are not eligible if they:

- Are eligible for insurance coverage due to self/parent's employment with the state of Arizona
- Are Medicaid or Medicare eligible
- Were covered by an employer, group or individual health insurance plan in the last 3 months
- Are an inmate of a penal institution

Where to Apply

For information on where to go to apply, or to request and application for KidsCare, call 602-417-KIDS (5437) or 1-877-764-5437

How to Apply

Request an application by calling the numbers listed above, complete it, and mail it to:

KidsCare
920 E Madison, MD 500
Phoenix, AZ 85034

You may also print an application from the AHCCCS website at:
www.azahcccs.gov/Members/Forms.asp

or apply online at www.healthearizona.org

Medicare

Program Description

Medicare is the country's health insurance program for people age 65 or older, certain people with disabilities who are under 65, and people of any age who have permanent kidney failure. It provides basic protection against the cost of health care, but it doesn't cover all medical expenses, or the cost of most long-term care. There are 4 'parts' to Medicare:

Hospital Insurance, also called **Medicare Part A**, is financed by a portion of your payroll (FICA) tax. Individuals or their spouse automatically become eligible and are enrolled when they turn 65 years of age and collect Social Security or railroad retirement benefits or have worked long enough in a government job to be insured by Medicare. Part A can help pay for inpatient care in a hospital or skilled nursing facility, home health care or hospice care.

Medical Insurance, also called **Medicare Part B**, is partially financed by monthly payments paid by people who choose to enroll. You are automatically eligible for Part B (medical) when you become entitled to Part A (hospital). Since you must pay a monthly premium for Part B (medical) coverage, you have the option of paying for the coverage or turning it down. Part B insurance helps pay for doctor's services and many medical services and supplies that are not covered by the hospital insurance part of Medicare, such as ambulance service, outpatient hospital care, x-rays and home healthcare (under some circumstances paid for under Part A and some circumstances under Part B). If your income and assets are very limited and you want Part B (medical) coverage, there are 3 programs administered by the state Medicaid agency (AHCCCS) that can help. Please contact AHCCCS at **1-800-352-8401** for more information.

Medicare Advantage, also called **Medicare Part C** and formerly known as Medicare + Choice, is available in many areas. Medicare Part C plans (or Medicare Advantage Plans) are health plan options that are approved by Medicare but run by private companies. They provide all your Part A and Part B coverage and must cover medically-necessary services. They generally offer extra benefits, and many include Part D drug coverage. You may have to see doctors who belong to the plan or go to certain hospitals to get covered services.

Prescription Drug Assistance, also called **Medicare Part D**, is available to some Medicare beneficiaries to help with the costs of the Part D Prescription Drug Program. To qualify, annual income must be limited to \$15,315 for an individual and \$20,535 for a married couple living together. Resources must be limited to \$11,710 for an individual and \$23,410 for a couple. This extra help could reduce or eliminate the monthly premium, deductible, coverage gap and co-pay.

Eligibility Information

Medicare is our country's health insurance program for people age 65 or older. Certain people younger than age 65 can qualify for Medicare, too, including those who have disabilities and those who have permanent kidney failure or amyotrophic lateral sclerosis (Lou Gehrig's disease). The program helps with the cost of health care, but it does not cover all medical expenses or the cost of most long-term care. Eligibility differs slightly for each program; for specific eligibility information, please visit one of the websites or call one of the numbers listed below.

How to Apply

If you are already getting Social Security retirement or disability benefits or railroad retirement checks, you will be contacted a few months before you become eligible for Medicare and given the information you need. You will be enrolled in Medicare Parts A and B automatically. However, because you must pay a premium for Part B coverage, you have the option of turning it down.

If you are not already getting retirement benefits, you should contact Social Security about three months before your 65th birthday to sign up for Medicare. You can sign up for Medicare even if you do not plan to retire at age 65.

When you first become eligible for hospital insurance (Part A), you have a seven-month period (your initial enrollment period) in which to sign up for medical insurance (Part B). A delay on your part will cause a delay in coverage and result in higher premiums. If you are eligible at age 65, your initial enrollment period begins three months before your 65th birthday, includes the month you turn age 65 and ends three months after that birthday. If you are eligible for Medicare based on disability or permanent kidney failure, your initial enrollment period depends on the date your disability or treatment began.

If you accept the automatic enrollment in Medicare Part B, or if you enroll in Medicare Part B during the first three months of your initial enrollment period, your medical insurance protection will start with the month you are first eligible. If you enroll during the last four months, your protection will start from one to three months after you enroll.

Where to Apply

Medicare Part A enrollment is automatic, and Part B is automatic with the option to decline coverage. For information on Medicare programs and eligibility, please visit the Social Security website at www.ssa.gov, or by calling **1-800-772-1213**.

For detailed information about Medicare eligibility and coverage:

Online	www.medicare.gov
Toll-free	1-800-MEDICARE (633-4227)
TTY	1-877-486-2048

Specified Low-Income Medicare Beneficiary Program (SLMB)

Program Description

This program allows individuals who have more money or assets to qualify for Medicare. It provides payment of Medicare Part B premium only.

Eligibility Information

Individuals must be entitled to Medicare Part B, and meet SLMB income limits. To be eligible financially, an individual's net income must be between 100% and 120% of FPL. Applicants must be Arizona residents and U.S. citizens or qualified non-citizens.

Where to Apply

For more information about the SLMB program, contact:

AHCCCS/Arizona Long Term Care System: 1-800-654-8713

Qualified Medicare Beneficiary Program (QMB)

Program Description

This program provides payment of Part A and/or Part B Medicare costs, deductibles and co-insurance.

Eligibility Information

Individuals must be entitled to Medicare Part A, and incomes must not exceed 100% of FPL. Applicants must be Arizona residents and U.S. citizens or qualified non-citizens.

Where to Apply

For more information about the QMB program, contact:

AHCCCS/Arizona Long Term Care System: 1-800-654-8713

Arizona State Health Insurance Assistance Program (SHIP)

Program Description

SHIP is a free health-benefits counseling service for Medicare beneficiaries, families, caregivers or professionals. SHIP's mission is to educate, advocate, counsel and empower people to make informed benefit decisions.

SHIP is an independent program funded by federal agencies and is not affiliated with the insurance industry. This program is a partnership of the Department of Economic Security Division of Aging & Adult Services and the Area Agencies on Aging.

How can SHIP help you?

- Medicare Eligibility, Benefits and claim filing
- Medicaid Eligibility, Benefits and claim filing
- Medicare Part D (Medicare Prescription Drug Coverage)
- Long Term Care Insurance information
- Medicare Secondary Payor
- Other types of health insurance benefits
- Medigap insurance, Medicare Supplemental Insurance
- Medicare Advantage Plan options and enrollment
- Medicare Cost Sharing Programs and other Dual Eligible enrollment
- Medicare/Medicaid Errors, Fraud and Abuse

Who are SHIP counselors?

SHIP counselors are specialists trained in Medicare law and regulations, health insurance counseling and relevant insurance products. SHIP counselors are not connected with any insurance company, nor are they licensed to sell insurance. Their purpose is to serve you objectively and confidentially.

Eligibility Information

Individuals who are receiving or are applying for Medicare are eligible for assistance from SHIP counselors. For Medicare eligibility see page 57

Documents To Bring

When you contact the SHIP Program Counselor you will be told which documents to bring to your appointment. Documents needed will vary depending on the specific Medicare issues you are working on resolving.

How to Apply

To reach SHIP, call **1-800-432-4040**. If you need an appointment, our counselors will SHIP counselors also conduct public presentations on Medicare, Medicare supplemental insurance, long term care insurance, Medicare Advantage options, Medicare/Medicaid errors, fraud, abuse and other issues of importance to beneficiaries and their families.

Where to Apply

Call the SHIP office nearest you, listed below. If you are unsure which office to contact or need additional assistance, please contact the state office at:

DES Division of Aging and Adult Services State Health Insurance and Assistance Program

1789 W Jefferson St, 950A
Phoenix, AZ 85007
Statewide Hotline: 1-800-432-4040

Apache, Navajo, Coconino and Yavapai Counties

Northern Arizona Council of Governments (NACOG)

119 E Aspen Ave
Flagstaff, AZ 86001
Medicare Information
928-213-5235 or 1-877-521-3500
www.nacog.org

Graham, Greenlee, Cochise, Santa Cruz Counties

South Eastern Arizona Governments Organization

300 Collins St
Bisbee, AZ 85603
520-420-5301
www.seago.com

La Paz and Mohave Counties

Western Arizona Council of Governments (WACOG) Region Four

224 S Third Ave
Yuma, AZ 85364
928-217-7121
www.wacog.com

Maricopa County

Area Agency on Aging – Region One

1366 E Thomas Rd, Suite 108
Phoenix, AZ 85014
Benefits Assistance Program
602-264-2255
www.aaaphx.org

Navajo Nation

Division of Social Services/BGSP

P.O. Box 4590
Window Rock, AZ 86515
Medicare Information
928-872-6174

Pima County

Pima Council on Aging

8467 E Broadway Blvd
Tucson, AZ 85710-4009
Medicare/Health Insurance Assistance Program
520-546-2011
www.pcoa.org

Pinal & Gila Counties

Pinal Gila Council for Senior Citizens

8969 W McCartney Rd
Casa Grande, AZ 85222
Benefits Counseling
520-836-2758 or 520-836-2758 (1)
www.pgsc.org

Mohave County

Wagog Region Four

208 N 4th St
Kingman, AZ 86401
(800) 782-1886
www.wacog.com

Other Tribal Nations

Inter Tribal Council of Arizona

2214 N Central Ave, #100
Phoenix, AZ 85004-1423
Medicare Information
602-258-4822
www.itcaonline.com

County Health Departments

Program Description

County Health Departments offer a variety of low-cost services to the public. You **do not** have to be on AHCCCS (see page 51) to be eligible. Your local county health department may offer services such as: newborn and child health care, including child abuse and neglect prevention programs, immunizations, family planning, pre-natal and postpartum care, nutritional counseling, WIC services, home health care, treatment of sexually transmitted diseases, HIV counseling, TB testing, dental services, tobacco prevention programs, and environmental health programs. Additionally County Health Departments offer chronic disease prevention programs, nutrition education and women's cancer screenings.

Eligibility Information

Most people are eligible for some of the services provided at County Health Departments. The level of your income maybe used to determine the amount of your co-payment.

How to Apply

For most of the County Health Departments, you should call first and speak to the receptionist for information on what services they offer. You may be asked for information about your household and your income. You can also get a schedule for immunization site visits from the receptionist.

Documents To Bring

If you are bringing your child for immunization services, you should bring records of any previous immunizations.

How To Apply

Contact the main County Health Department in your county (listed below) for referral to the office nearest you.

Apache County

395 S 1st St
St. Johns, AZ 85936
928-337-7525

Cochise County

1415 W Melody Ln
Building A
Bisbee, AZ 85603-3037
520-432-9400

1415 E Foothills Dr
Sierra Vista, AZ 85635
520-803-3900

Coconino County

2625 N King St
Flagstaff, AZ 86004
928-679-7272

Gila County

5515 S Apache Ave
Globe, AZ 85501
928-425-3189

Graham County

826 W Main St
Safford, AZ 85546
928-428-4441

Greenlee County

PO Box 936
253 5th St
Clifton, AZ 85533
928-865-2601

La Paz County

1112 Joshua Ave #206
Parker, AZ 85344
928-669-6155

Maricopa County

4041 N Central Ave,
Suite 1400
Phoenix, AZ 85012
602-506-6900

Mohave County

700 W Beale St
Kingman, AZ 86402
928-753-0748

Navajo County

117 E Buffalo St
Holbrook, AZ 86025
928-524-4750

Pima County

3950 S Country Club Rd
Suite 100
Tucson, AZ 85714
520-243-7930

Pinal County

PO Box 2945
500 S Central Ave
Florence, AZ 85232
520-866-7054
800-231-8499

Santa Cruz County

2150 N Congress Dr
Nogales, AZ 85621
520-761-7800, ext 3076

Yavapai County

1090 Commerce Dr
Prescott, AZ 86305
520-771-3125

Yuma County

2200 W 28th St
Yuma, AZ 85364
928-317-4530

Phoenix Area Indian Health Services

Two Renaissance Square
40 N Central #600
Phoenix, AZ 85004
602-364-5039

Navajo Area Indian Health Services

P.O. Box 9020
Window Rock, AZ 86515
928-871-4811

Community Health Centers

Program Description

Community Health Centers are clinics that provide a broad range of comprehensive medical services like those a family doctor would provide. These may include internal medicine/family practice care, pediatrics, immunizations, OB/ GYN, prenatal care, and HIV testing and counseling. Some centers also provide mental health and dental care, as well as having pharmacy and x-ray facilities onsite. In addition, Community Health Centers can provide or refer you to other assistance programs like family planning, WIC (see page 44) and AHCCCS eligibility (see page 54). Each center is community-designed and, as a result, all Community Health

Centers do not offer all of the same services. Most Community Health Centers provide services to people whether or not they have insurance or are on Medicare or AHCCCS. Fees charged for services to those who are uninsured are often based on what a participant can afford to pay (sliding fee scale).

Eligibility Information

In most of the Community Health Centers, any Arizona resident is eligible for medical care. The exceptions are the Community Health Centers which specifically target Native Americans. For these centers, you may be required to show proof of tribal enrollment/degree of Indian blood.

How to Apply

- If you are on AHCCCS, Medicare or have private insurance, you will need to bring verification of enrollment in these programs. Remember, if you are not in any of these programs, you are **still eligible** to receive care from a Community Health Center.
- If you are Native American and wish to visit one of the Community Health Centers that specifically targets Native Americans, you may need to bring proof of enrollment in your tribe.
- It may be helpful for you to call the center ahead of time and find out what documents they need for proof.
- Some of the clinics listed are satellite offices and have limited hours of operation. Call ahead and verify the hours of operation and intake procedure of the Community Health Center you wish to visit.

Where to Apply

In most counties, there are several locations. In some cases, there is a Main Center that has satellite Clinic locations, as noted below. Please contact the Main Center or Clinic to inquire about the specific services they offer.

Apache County

North Country Community Health Center

830 E Main St
Suite 230
Springerville, AZ 85938
928-333-0127

North Country Community Health Center

626 N 13th West
St Johns, AZ 85936
928-337-3705

Cochise County

Main Center

Chiricahua Community Health Centers, Inc

PO Box 263
10566 N Hwy 191
Elfrida, AZ 85610
520-642-2222

Clinics

Jennifer "Ginger" Ryan Clinic

1100 F Avenue
Douglas, AZ 85607
520-364-3285

Chiricahua Community Health Center

108 Arizona St
 Bisbee, AZ 85603
 520-432-3309

Main Center**Cooper Queen Hospital**

101 Cole Ave
 Bisbee, AZ 85603
 520-432-5383

Clinic

Douglas Clinic
 100 E 5th St
 Douglas, AZ 85607
 520-364-7659

Coconino County**Main Center****North Country Community Health Center**

2500 N Rose St
 Flagstaff, AZ 86004
 928-213-6100

2920 N 4th St
 Flagstaff, AZ 86004

Clinics**North Country Community Health Center**

112 Park Ave
 Ashfork, AZ 86320
 928-637-2305

North Country Community Health Center

830 E Main St
 Suite 230
 Springerville, AZ 85938
 928-333-0127

North Country Community Health Center

626 N 13th West
 St. Johns, AZ 85936
 928-337-3705

North Country Community Health Center

22585 W Oak St
 Seligman, AZ 86337-0776
 928-422-4017

North Country Community Health Center

620 W Lee St
 Winslow, AZ 86047
 928-289-2000

North Country Community Health Center

1 Clinic Rd
 Grand Canyon, AZ 86023
 928-638-2551

North Country Community Health Center

1401 West Florida St
 Holbrook, AZ 86025
 928-524-2851

North Country Community Health Center

2500 N Ross Ave
 Flagstaff, AZ 86025

Main Center**Canyonlands Community Health Care**

PO Box 1625
 827 Vista Ave
 Page, AZ 86040
 (928) 645-9675

Clinics**Fredonia Community Health Center**

PO Box 175
 100 E Wood Hill Rd
 Fredonia, AZ 86022-0175
 928-643-6215

Kaibeto Clinic**Kaibeto Boarding School Dorm #4**

P.O. Box 2121
 Kaibeto, AZ 86053
 928-673-3491

Lake Powell Medical Center

467 Vista Ave
 Page, AZ 86040
 928-645-8123

Canyonlands Urgent Care

440 N Navajo Dr
 Page, AZ 86040
 928-645-1700

Graham County**Clinic**

Safford Community Health Center
 618 S Central Ave
 Safford, AZ 85546
 928-428-1500

Greenlee County**Clinics****Duncan Community Health Center**

227 Main St
 Duncan, AZ 85534
 928-359-1380

Clifton Community Health Center

759 Suite A, S Ward Canyon Rd
 Clifton, AZ 85533
 866-865-4511

Maricopa County**Native Health**

4520 N Central
 Phoenix, AZ 85012
 602-279-5262

John C Lincoln Community Health Center

9201 N Fifth St
 Phoenix, AZ 85020
 602-331-5779

Maricopa Health Care for the Homeless

220 S 12th Ave
 Phoenix, AZ 85007
 602-372-2100

Main Center**Maricopa Integrated Health System**

2601 E Roosevelt St
Phoenix, AZ 85008
602-344-5011

Clinics**Avondale Family Health Center**

950 E Van Buren St
Avondale, AZ 85323
623-344-6800

Chandler Family Health System

811 S Hamilton
Chandler, AZ 85225
480-344-6100

El Mirage Family Health Center

12428 W Thunderbird
El Mirage, AZ 86335
623-344-6500

Glendale Family Health Center

5141 W Lamar
Glendale, AZ 85301
623-344-6700

Guadalupe Family Health Center

5825 E Calle Guadalupe
Guadalupe, AZ 85283
480-344-6000

Maryvale Family Health Center

4011 N 51st Ave
Phoenix, AZ 85031
623-344-6900

Mesa Family Health Center

59 S Hibbert
Mesa, AZ 85210
480-344-6200

Seventh Avenue Family Health Center

1205 S 7th Ave
Phoenix, AZ 85007
602-344-6600

South Central Family Health Center

33 W Tamarisk
Phoenix, AZ 85041
602-344-6400

Sunnyslope Family Health Center

934 W Hatcher
Phoenix, AZ 85021
602-344-6400

Main Center**Mountain Park Health Center**

2702 N 3rd St
Suite 4020
Phoenix, AZ 85004
602-323-3242

Clinics**Mountain Park Health Center**

635 E Baseline Rd
Phoenix, AZ 85042
602-323-3400

Mountain Park Health Center

4616 N 51st Ave
Suite 203
Phoenix, AZ 85031
602-247-9245

Mountain Park Health Center

1492 S Mill Ave
Suite 312
Tempe, AZ 85281
480-921-1100

Mountain Park Health Center

9169 W Van Buren
Tolleson, AZ 85353
623-936-6795

Mountain Park Health Center

690 N Cofco Center Court,
Suite 230
Phoenix, AZ 85008-6438
602-286-6090

Main Center**Clinica Adelante, Inc**

16551 N Dysart Rd
#104A
Surprise, AZ 85374
623-583-3001

Clinics**Tidwell Family Care Center**

16560 N Dysart Rd
Surprise, AZ 85374
623-546-2294

Adelante Women's Health Center

14300 W Granite Valley Dr
#A2
Sun City, AZ 85375
623-644-3214

Buckeye Dental Care

306 E Monroe
Buckeye, AZ 85326-2706
623-386-1630

Buckeye Family Care Center

306 E Monroe
Buckeye, AZ 85326-2706
623-386-4814

East Valley Family Care

2204 Dobson Rd
#101
Mesa, AZ 85202
480-491-6235

Gila Bend Primary Care Center

100 N Gila Blvd
Gila Bend, AZ 85337-2668
623-932-5725

Rural Heal Team Mobile Clinic

306 E Monroe
Buckeye, AZ 85326-2404
623-386-6114

Wickenburg Family Care Center

466 W Wickenburg Way
Wickenburg, AZ 85390-3211
928-684-9555

Mojave County**Clinic****Northwest Arizona Regional Health Center**

1-15 Exit 9 at Fire Station
Littlefield, AZ 86432
928-347-5971

Navajo County**Clinic****Chilchinbeto Clinic**

P.O. Box 1496
Kayenta, AZ 86033
928-697-8154

Pima County**Main Center****St Elizabeth's Health Center**

140 W Speedway Blvd
Tucson, AZ 85705
520-628-7871

Clinics**St Elizabeth's at Santa Rosa Neighborhood Center**

1080 S Tenth Ave
Tucson, AZ 85701
520-628-7871

St Elizabeth's at Flowing Wells Neighborhood Center

2561 Ruthrauff Rd
Tucson, AZ 85705
520-628-7871

Main Center**United Community Health Centers, Inc**

81 W Esperanza Blvd
Green Valley, AZ 85614
520-625-4401

Clinics**Arivaca Clinic**

17388 West 3rd St
Arivaca, AZ 85601
520-398-2621

Continental Family Medical Center

1150 Whitehouse Canyon Rd
Green Valley, AZ 85622
520-625-3691

Three Points Clinic

15921 West Ajo Way
Tucson, AZ 85735
520-822-2335

Main Center**Desert Senita Community Health Center**

410 Malacate St
Ajo, AZ 85321
520-387-5651

Clinic**Desert Senita Dental Center**

140 Estrella Ave
Ajo, AZ 85321

Main Center**El Rio Health Center**

839 W Congress St
Tucson, AZ 85745
520-792-9890

Clinics**COPE/El Rio Integrated Health Care**

1101 East Broadway
Tucson, AZ 85719
520-792-3962

COPE/El Rio Behavioral Health

01 West Congress
Tucson, AZ 85745
520-623-9312

El Rio Special Immunology Associates

1701 W St Mary's Rd
Suite #160
Tucson, AZ 85745
520-628-6287

El Rio OB/GYN Associates

225 West Irvington
Tucson, AZ 85714
520-884-7304

El Rio Northwest Clinic

330 W Prince Rd
Tucson, AZ 85705
520-670-3909

El Rio Southwest Pediatrics

1500 West Commerce Ct
Tucson, AZ 85705
520-670-3909

El Rio Southwest II, Internal Medicine

1510 West Commerce Ct
Tucson, AZ 85746
520-670-3909

El Rio Southwest Dental

1530 West Commerce Ct
Tucson, AZ 85746
520-670-3909

El Rio Pascua Yaqui Clinic

7490 South Camino de Oeste
Tucson, AZ 85746
520-879-6225

Pima County Access Program

655 East River Rd
Tucson, AZ 85704
520-694-4854

Homeless Program

1101 East Broadway
Tucson, AZ 85719
520-624-7750

El Rio Flowing Wells Dental

4009 N Flowing Wells Rd
Tucson, AZ 85705
520-408-0836

Main Center**Marana Health Center, Inc**

11981 W Grier Rd
Marana, AZ 85653
520-682-4560

Clinics**El Pueblo Health Center**

101 W Irvington Rd
Tucson, AZ 85714
520-573-0096

Ortiz Community Health Center

12635 W Rudasill Rd
Tucson, AZ 85743
520-682-3777

MHC Obstetrics and Gynecology

2055 W Hospital Dr
Tucson, AZ 85704
520-797-7550

Santa Catalina Health Center

15631 N Oracle Rd
Suite 141
Tucson, AZ 85739
520-825-6841

Erickson Health Center

6750 E Stella Rd
Tucson, AZ 85716
520-684-5010

Freedom Park Health Center

5000 E 29th St
Tucson, AZ 85716
520-790-8500

Keeling Health Center

435 E Glenn Rd
Tucson, AZ 85705
520-696-6969

Pinal County**Main Center****Sun Life Family Health Care, Inc**

865 N Arizona Rd
Casa Grande, AZ 85222
520-836-3446

Clinics**Eloy Clinic**

501 N Main St
Eloy, AZ 85231
520-466-7883

San Manuel

23 McNab Parkway
San Manuel, AZ 85631
520-385-2234

Maricopa Clinic

4765 Hathaway Ave
Maricopa, AZ 85239
520-568-2245

Coolidge Clinic

1284 North Arizona Blvd
Coolidge, AZ 85228
520-723-9131

Casa Grande Clinic

865 N Arizona Rd
Casa Grande, AZ 85222
520-863-3446

Oracle Clinic

1870 W American Way
Oracle, AZ 85623
520-896-2092

Santa Cruz County**Main Center****Mariposa Community Health Centers, Inc**

1852 N Mastick Way
Nogales, AZ 85621
520-281-1550

Clinic**Family Health Center**

101 Taylor Ave
Patagonia, AZ 85624
520-394-2262

Yavapai County**Main Center****Community Health Center of Yavapai**

3212 N Windsong Dr
Prescott, AZ 86314
928-583-1000

Clinics**Chino Valley**

1951 Voss Dr
Chino Valley, AZ 86323
928-583-1000

Cottonwood

10 S 6th St
Cottonwood, AZ 86326
928-639-8132

Prescott

1090 Commerce Dr
Prescott, AZ 86305
928-583-1000

Sedona

3700 W Highway 89A
Sedona, AZ 86336
928-639-8132

Yuma County**Main Center****Sunset Community Health Center**

2060 W 24th St
Yuma, AZ 85364
928-819-8999

Clinics**Sunset Community Health Center-Adults**

1645 W 24th St
Yuma, AZ 85364
928-344-4216

Sunset Community Health Center

744 E Juan Sanchez Blvd
San Luis, AZ 85349
928-627-3822

Sunset Women's Health Center

1965 W 24th St
Suite B
Yuma, AZ 85364
928-726-5950

Sunset Community Health Center-Pediatrics

2060 W 24th St
Yuma, AZ 85364
928-344-5112

Sunset Community Health Center

10426 Williams St
Welton, AZ 85356
928-785-3256

Sunset Community Health Center

1 N 2nd Ave
San Luis, AZ 85349
928-627-8584

Regional Behavioral Health Authorities (RBHAs)

Program Description

The Regional Behavioral Health Authorities provide a wide range of services to treat individuals with emotional problems, mental illness, drug/alcohol abuse, or domestic violence. Services include:

- outpatient & residential services
- counseling
- case management

Eligibility Information

There are four Regional Behavioral Health Authorities and four Tribal Regional Behavioral Health Authorities and tribal contractors in Arizona providing services through different programs or referring individuals to community organizations that provide the service needed. Fees charged by these agencies vary according to the client's ability to pay (sliding fee). No fees are charged to individuals enrolled with AHCCCS for services covered.

How to Apply

If you have a low or limited income and you or a family member is having emotional, mental or drug-related problems and you need help, call the Regional Behavioral Health Authority in your area. In order to properly access the help you are looking for, you will need to describe the problem you are having, your behavioral health history, use of medications or drugs, Social Security number and, if any, AHCCCS or insurance information.

Based on the information you supply, the evaluator may:

- Refer you for an appointment to complete the intake process.
- Refer you for application to AHCCCS.
- Refer you to a local community agency for services provided on a sliding fee basis.

Where to Apply

Although all the Regional Behavioral Health Authorities covering Arizona provide the same kinds of services, they may run the programs differently. Please call the Regional Behavioral Health Authority in your county for more specific information about services.

Maricopa County

Magellan Health Services for Maricopa

4129 E Van Buren,
Suite 150
Phoenix, AZ 85008
1-800-564-5465
TTY: 602-914-5809
Crisis: 602-222-9444 or 1-800-631-1314 or
TTY: 602-274-3300
www.magellanformaricopa.com

Yuma, La Paz, Pinal and Gila Counties

Cenpatco Behavioral Health of Arizona

1501 W Fountainhead Corporate Park
Suite 295
Tempe, AZ 85282
1-866-495-6738
TDD/TTY 1-877613-2076
CRISIS LINE 1-866-495-6735 (24 hrs per day)

Coconino, Mohave, Yavapai, Navajo and Apache Counties

Northern Arizona Regional Behavioral Authority (NARBA)

125 East Elm Ave
Flagstaff, AZ 86001
928-774-7128 or
1-800-640-2123

Pima County

Community Partnership of Southern AZ (CPSA)

4575 E Broadway Blvd
Tucson, AZ 85711
520-325-4268 or
1-800-959-1063

Cochise, Graham, Greenlee and Santa Cruz Counties

Community Partnership of Southern AZ

999 E Fry Blvd
Sierra Vista, AZ 85635
520-417-9430 or 1-800-959-1063

Santa Cruz County

SEABUS Crisis Hotline

1-800-586-9161

Family Planning

Family planning information and services can be obtained from several of the programs listed in the Health Care section. Your **AHCCCS** provider, **County Health Department** (see page 75) or **Community Health Center** (see page 58) may offer such services.

Planned Parenthood

Planned Parenthood provides reproductive health care and education at its centers statewide. Services provided may include well-woman gynecological exams, pap smears, pregnancy testing and counseling, birth control methods, HIV testing, testing and treatment for sexually transmitted infections and pregnancy termination. Not all clinics offer the same range of services. Contact each clinic for information on services they offer. Planned Parenthood has no eligibility requirements.

Fees for service are often based on what a client can afford to pay (sliding fee scale). Please contact the Planned Parenthood office nearest you for more information.

Coconino County

1304 S Plaza Way
Flagstaff, AZ 86001
928-779-3653

Maricopa County

127 E Western Ave
Avondale, AZ 85323
623-932-5111

610 N Alma School Rd
Chandler, AZ 85224
480-814-0024

5771 W Eugie
Glendale, AZ 85304
623-934-3244

140 N Litchfield Rd
Suite 100
Goodyear, AZ 85338
623-932-5111

2722 S Alma School Rd
#5
Mesa, AZ 85210
480-838-1246

1235 S Gilbert Rd
Mesa, AZ 85204
480-892-7888

4434 W Thomas Rd
Phoenix, AZ 85031
602-272-6691

3346 W Bell Rd
Phoenix, AZ 85023
602-866-8821

5651 N 7th St
Suite B
Phoenix, AZ 85014
602-265-2227

4615 S Central Ave
Phoenix, AZ 85040
602-268-1588

3131 E Thunderbird Rd
Suite 48
Phoenix, AZ 85032
602-953-9000

7901 E Thomas Rd
Scottsdale, AZ 85251
480-949-8765

1250 E Apache Blvd
#108
Tempe, AZ 85281
480-967-9414

Pima County

2255 N Wyatt Dr
Tucson, AZ 85712
520-624-1761

529 W Wetmore Rd
Tucson, AZ 85705
520-884-5562

Archer Health Center
1665 S La Cholla Blvd
Tucson, AZ 85713
520-628-3066

Yavapai County

656 W Gurley
Prescott, AZ 86305
928-776-0420

Yuma County

1455 W 16th St
Yuma, AZ 85364
928-343-3012

Baby Arizona

This program provides referral and prenatal care for pregnant women who are uninsured.

Services provided include:

- Referral to locations that provide a free pregnancy test.
- Help making an appointment with a doctor or midwife.
- Prenatal care information or questions on breast feeding.

Once referred to a Baby Arizona provider, pregnant women will apply for AHCCCS right in the doctor's office. If found eligible for AHCCCS, all prenatal care, delivery and 60 days postpartum services will be provided at no cost.

For additional information, contact:

Baby Arizona Hotline: 1-800-833-4642

Immunizations and Children's Information Center Hotline

Immunization services can be obtained from several of the programs listed in the Health Care section. If you are on AHCCCS be sure to contact your primary care provider first to arrange for immunizations.

Community Health Centers (see page 60) or your **AHCCCS** provider can offer a wide range of children's health care services, including immunizations. **County Health Departments** (see page 54) also offer immunization services to children at low or no cost. Some County Health Departments provide immunizations through site visits to places like shopping malls, food banks and CAP offices in your local area.

You can obtain the schedule for immunization site visits by calling your local County Health Department.

If you are bringing your child for immunization services, you should bring records of any previous immunizations

For more information about immunizations or about other child health issues, call:

Children's Information Center Hotline: 1-800-232-1676 (toll-free)

Reduced Fee Dental Clinics

Reduced fee dental clinics provide a variety of dental services, ranging from preventative care to oral surgery and dentures. Please contact the clinic closest to you for specific eligibility information and to make an appointment.

Tribal

Contact your local Indian Health Services. For information on locating the correct Indian Health Services, please contact the **Inter Tribal Council of Arizona** at 602-258-4822.

Mobile Units

Statewide
Reachout Health Care America
623-434-9343

Maricopa County
Coronado Dental Service
480-461-8683

Pima County
Tucson – U of A Mobile
520-626-2267

Apache County

North Country Community Clinic
928-289-2000

Cochise County

Chiricahua Community Health Center
520-642-2222

Coconino County

Coconino County Department of Health
928-679-7272

Fredonia Community Health Center
928-643-6215

Maricopa County

Area Agency on Aging (Dentures Only)
602-264-2255

Avondale Family Health Center Dental Clinic
623-344-6800

CASS Homeless Shelter
602-256-6945

Chandler Family Health Center Dental Clinic
480-344-6109

Small Smiles
602-233-3133

Buckeye Dental Clinic
877-809-5092

Dave Pratt Boys and Girls Cub
602-271-9961

Desert Mission Dental Clinic
602-870-6363

East Valley Adult Resource Center
480-962-5612

Glendale Family Health Center Dental Clinic
623-344-6700
to see if you qualify first

Gompers Center
602-336-0061

Homeward Bound
602-263-7654

Maricopa Medical Center Dental Clinic
602-344-1005

Mesa Family Health Center Dental Clinic
480-344-6209

Mountain Park Dental Clinic-South
Phoenix
602-243-7277

Native American Community Health Center
602-279-5262

Neighborhood Christian Clinic
602-258-6008

St Joe's Mercy Care Dental Clinic
602-406-3560

St Vincent de Paul
602-261-6868

South Central Dental Clinic
602-344-6489

Mohave County

Northwest Arizona Regional Health Center & Dental Clinic
928-347-5971

Navajo County

North Country Community Health Center
928-289-2000

Pinal County

Sun Life Family Health Center
520-836-3446

Pima County

Comstock Children's Foundation
520-324-3100

Desert Senita Medical Center
520-387-4500

El Rio Clinic Central
520-670-3758

El Rio Clinic Northwest
520-408-0836

El Rio Clinic Southwest
520-770-2700

Marana Dental Clinic
520-682-4111

St Elizabeth's of Hungary Dental Clinic
520-628-7871

United Community Health/Continental Dental
520-625-3691

Santa Cruz County

Mariposa Community Health Center Dental
520-281-1550

Yavapai County

North Country Health Center
928-213-6100

VA Medical Center Dental Clinic
928-776-6177

Yavapai County Community Health
928-583-1000

Yuma County

Sunset Community Health Center Somerton
928-627-8806

Sunset Community Health Center San Luis
928-627-8584

Sunset Community Health Center Wellton
928-785-3256

CoppeRx Card

Program Information

The CoppeRx Card provides substantial discounts on prescription drug prices. It is free of charge, and provides discounts ranging from 15% to 55% on all prescription drug purchases. More than 500 pharmacies across the state accept the CoppeRx Card.

Eligibility Information

Every Arizonan is eligible for the CoppeRx Card. Please contact your pharmacy to be sure they accept the CoppeRx Card.

How to Apply

No application is necessary. Enrollment is open to all Arizonans who complete an enrollment form.

Where to Apply

You can enroll for the CoppeRx Card by phone or online by calling or visiting:
1-888-227-8315 (toll free)

<https://az211.com/h856w808/CopperSecure.cfm>

A downloadable brochure is also available online in both English and Spanish. Simply print the brochure, and present the temporary card to your pharmacy to access the discount. Once you use the temporary card, you will be automatically enrolled in the CoppeRx Card program, and a permanent card will be mailed to you. Please check with your pharmacy to see if they accept the CoppeRx Card.

For more information, please visit the Office of the Governor's website at <http://azgovernor.gov/coppercard/>.



FOOD
 MEDICINE
 BED TO SLEEP IN

WHICH ONE WOULD YOU CHOOSE FOR YOUR CHILD?

It's impossible to live a good life when all of your choices are bad. Today there are 100,000 Arizonans who hold jobs and participate in our community, yet still have to choose between buying food and paying their bills. How can you help? Visit our website today and find out how you can help Arizona's poor get the resources they need to become self-sufficient once again. **ChooseToHelp.org**
Call 602.604.0640, or visit www.ChooseToHelp.org today.

