

# Health Care



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## Health Tips

- Take responsibility for your own health by not smoking, drinking alcohol only in moderation, getting enough rest and exercise, and consciously trying to reduce stress in your life.
- Don't use hospital emergency rooms for anything but an actual emergency.
- Handle health problems at home with self care. Only consult a doctor when absolutely necessary.
- Ask your doctor and pharmacist for generic brand prescription medication and free samples.
- Take advantage of free or low-cost health screening and clinics provided at health fairs. Call your local public health department for more information.
- Get detailed medical bills and check for accuracy.
- Talk openly and honestly with your doctor or health care provider, feel free to ask questions, and choose a doctor with whom you feel most comfortable.
- Seek out prenatal care early in pregnancy (see Planned Parenthood on page 60 and Baby Arizona page 00).

**Tips provided by Cooperative Extension (see page 49).**

## Arizona Health Care Cost Containment System (AHCCCS)

### Program Description

AHCCCS is Arizona's Medicaid health care program. If you qualify, you can receive most of your healthcare at little or no cost. If you were eligible for the "Medicaid" program in another state, you may be eligible for AHCCCS.

### Eligibility Information

Applicants must be a U.S. citizen or qualified non-citizen, a resident of Arizona, not living in a penal institution, and have an income at or below 100% of the FPL to qualify for AHCCCS.

If you qualify for any of the following programs you are automatically eligible for AHCCCS, provided you meet non-financial eligibility requirements:

- IV-E Foster Care or subsidized adoption and
- Supplemental Security Income (SSI, see page 40)

If you do not qualify for either of the programs listed above, you may still be eligible for AHCCCS benefits.

Single adults with no children as well as families may be eligible for AHCCCS Health Insurance through one of several programs administered by the Arizona Department of Economic Security.

### Documents To Bring:

When you fill out an application, you will also need to provide several different types of documents in order to establish if you qualify for the program:

- One type of identification (examples: driver's license, school identification card with a photograph, draft card) for every member of the family
- Verification of family relationships (examples: birth or baptismal certificates, adoption papers, marriage certificate).
- Proof of residency (examples: recent rent receipt, utility bill, Arizona driver's license, motor vehicle registration).

- Proof of U.S. Citizenship (social security or birth certificate) or lawful permanent resident status (examples: passport, naturalization certificate, alien card issued by the United States Citizenship and Immigration Services).
- Proof of all household monthly income (examples: pay stubs, award letters or copies of checks from Social Security, Veteran's Administration, unemployment, child support or school financial aid). If you are self-employed you will need to provide your previous year's income tax return or your current year business records.
- Information about cash on hand including money in checking and savings accounts, stocks, bonds or life insurance policies.
- Information about property and vehicles owned or recently sold.
- Receipts or canceled checks for court-ordered alimony or child-support. (You must provide your court order to receive the deduction.)
- Medical bills you have received in the past year, regardless of whether they've been paid.

### Where to Apply

For more information contact the nearest DES/Family Assistance Administration Office (see page 95) or call 1-800-352-8401 to be referred to the appropriate AHCCCS office. In Maricopa County call 602-542-9935.

You can apply online at: [www.healtharizona.org](http://www.healtharizona.org), and more information is also available online at: [www.azahcccs.gov/site/](http://www.azahcccs.gov/site/).

## SSI Medical Assistance Only Program (SSI-MAO)

### Program Description

This program, which is administered directly by AHCCCS, offers medical assistance to persons who are 65 years of age or older, blind, or disabled and not receiving SSI Cash.

### Eligibility Information

In order to be eligible for the SSI-MAO Health Insurance Program at a minimum you must:

- Be an Arizona Resident, not living in a penal institution
- Provide proof of identity (examples: drivers license, school ID card with photograph, draft card)
- Be age 65 or older, or blind or disabled as determined by the Social Security Administration
- Provide proof of citizenship or qualified non-citizen status (US passport, birth certificate, naturalization document, lawful permanent resident card).\
- Have income that does not not exceed 100% of FPL

An appointment is not necessary. Applications for SSI MAO are handled by mail and phone.

### Where to Apply

Contact the SSI-MAO eligibility office by calling:

<b>Inside Maricopa County:</b>	602-417-5010
<b>Outside of Maricopa County:</b>	1-800-528-0142

# Arizona Long Term Care System (ALTCS)

## Program Description:

The Arizona Long Term Care System (ALTCS) was developed to provide quality long term care for people who cannot pay for the care they need. ALT care services in a person's home, in a community based setting such as an assisted living home or in a nursing home.

## Eligibility Information:

To qualify for ALTCS you must be both financially and medically eligible. You must be a resident of Arizona and a U.S. citizen or qualified non-citizen, not living in a penal institution.

If you receive SSI (see page 40) or Cash Assistance, you are already financially eligible for ALTCS. If you are not receiving SSI or Cash Assistance then ALTCS must determine your financial eligibility. In most cases, your income and countable resources (examples: personal property or savings) will be used to determine your financial eligibility.

Once you are determined to be financially eligible for ALTCS, you must complete the Pre-Admission Screening (PAS) to make sure you are medically eligible for the program. Only applicants who are "at risk" of institutionalization such as nursing home care, will be eligible for ALTCS benefits.

## Documents To Bring

- Proof of U.S. citizenship or legal non-citizen status (examples: passport, naturalization certificate, birth certificate)
- Proof of identity (examples: driver's license, school ID card with photograph, draft card).
- Current bank account statements
- Motor vehicle registration for all vehicles
- Statement of money owed on all vehicles
- Proof of income (pay stubs, award letters for Social Security, disability insurance, unemployment, pensions, retirement).

## Where to Apply:

For more information contact your local ALTCS office or call toll-free **1-800-654-8713**

### Cochise County

484 E Tacoma  
Sierra Vista, AZ 85635  
520-459-7050

### Coconino County

2717 N 4th St  
Suite 130  
Flagstaff, AZ 86004  
928-527-4104  
1-800-540-5042

### Gila County

Cobre Valle Plaza  
2250 Hwy 60 Ste H  
Miami, AZ 85339  
928-425-3165  
1-888-425-3165

### Maricopa County

Valley ALTCS Office  
801 E Jefferson  
MD 1600  
Phoenix, AZ 85034  
602-417-6400

2830 W Glendale Ave #34  
Phoenix, AZ 85051  
602-417-6000

801 E Jefferson , MD 800  
Phoenix, AZ 85034  
602-417-6600

### Mohave County

519 E Beale St #150  
Kingman, AZ 86401  
928-753-2828  
1-888-300-8348

2160 N McCullough Blvd  
Suite 105  
Lake Havasu City, AZ 86403  
928-453-5100  
1-800-654-2076

### Navajo County

Tsey Shopping Center  
US Highway 191  
P.O. Box 1942  
Chinle, AZ 86503  
928-674-5439  
1-888-800-3804

580 E Old Linden Rd  
Suite 3  
Show Low, AZ 85901  
928-537-1515  
1-877-5371515

### Pima County

1010 N Finance Center  
#201  
Tucson, AZ 85701  
520-205-8600  
1-800-824-2656

### Pinal County

500 N Florence St  
Casa Grande, AZ 85222  
520-421-1500

### Yavapai County

1 N Main St  
Cottonwood, AZ 86326  
928-634-8101

1519 W. Gurley St, #11  
Prescott, AZ 86305  
928-778-3968  
1-888-778-5600

## **Yuma County**

3850 W 16th St Ste B  
Yuma, AZ 85364  
928-782-0776

# **S.O.B.R.A.**

## **Program Description:**

SOBRA provides medical coverage under AHCCCS to pregnant women of any age and children up to the age of 19 years.

## **Eligibility Information**

You must be a U.S. Citizen or Qualified Immigrant, and a non-inmate Resident of Arizona to qualify. Women at any stage of pregnancy may apply. For pregnant women, the monthly income limit is 150% of the Federal Poverty Level (FPL) or \$2,289 for a family of four.

For children under the age of 1, the monthly income limit is 140% of FPL. For children ages one through five, the monthly income limit is 133% of FPL. For children age six and older, the monthly income limit is 100% of the FPL.

There is no limit on the resources or property that may be owned.

## **Where to Apply**

You will be asked to complete an application at your first appointment with a participating Doctor. Please contact the Arizona Department of Health Services (ADHS) Pregnancy and Breastfeeding Hotline at **1-800-833-4642** for a list of participating Doctors.

## **Documents Needed**

You will be asked to verify your status as a U.S. Citizen or Qualified Immigrant in order to enroll.

## **How to Apply**

Contact the ADHS Pregnancy and Breastfeeding Hotline at 1-800-833-4642:

- You will be given a list of participating Doctors;
- Choose one of the Doctors;
- Make an appointment for a prenatal (pregnancy) visit;
- At your first visit, the office staff will assist you in completing an application for AHCCCS medical coverage;
- You will be asked to take information with you to your first visit to show you are eligible for the Baby Arizona program.

You can also apply at your local DES Office (see page 95).

The application process is 20 working days from the time an application is received, but applicants can usually receive care sooner, depending on a doctor's office schedule. If the applicant is ineligible, a reasonable payment plan may be arranged with the doctor's office for the services received, and to continue care.

**For more information, please visit the website at**  
<http://www.ahcccs.state.az.us/Services/Programs/Sobra.asp>.

# **KidsCare**

At the time of printing this Edition, the Governor and Legislature had cut funding for KidsCare. The program has been capped and all new applicants are being placed on a waiting list. Please contact the numbers listed below for more information. The KidsCare Parents program which provided health insurance for parents of children on KidsCare was eliminated by the Legislature and Governor.

## **Program Description**

KidsCare is Arizona's health insurance program for qualified children under the age of 19. A monthly premium typically must be paid as a condition of eligibility. Eligible children will be enrolled with the health care plan that their parents or guardians select.

Parents can opt to enroll with:

- An AHCCCS Health Plan
- Indian Health Services with some services available through a tribal entity.

Call 602-417-KIDS (5437) or 1-877-764-5437 for more information about services covered by each AHCCCS Health Plan.

## **Eligibility Information**

To be eligible for KidsCare, a child must:

- Be under the age of 19
- Be a resident of Arizona
- Be a U.S. citizen or qualified non-citizen
- Provide a social security number
- Have qualifying income at or below 200% of the Federal Poverty Guidelines

Children are not eligible if they:

- Are eligible for insurance coverage due to self/parent's employment with the state of Arizona
- Are Medicaid or Medicare eligible
- Were covered by an employer, group or individual health insurance plan in the last 3 months
- Are an inmate of a penal institution

## **Where to Apply**

For information on where to go to apply, or to request and application for KidsCare, call 602-417-KIDS (5437) or 1-877-764-5437

## **How to Apply**

Request an application by calling the numbers listed above, complete it, and mail it to:

**KidsCare**  
920 E Madison, MD 500  
Phoenix, AZ 85034

You may also print an application from the AHCCCS website at:  
[www.azahcccs.gov/Members/Forms.asp](http://www.azahcccs.gov/Members/Forms.asp)

or apply online at [www.healthearizona.org](http://www.healthearizona.org)

# Medicare

## Program Description

Medicare is the country's health insurance program for people age 65 or older, certain people with disabilities who are under 65, and people of any age who have permanent kidney failure. It provides basic protection against the cost of health care, but it doesn't cover all medical expenses, or the cost of most long-term care. There are 4 'parts' to Medicare:

**Hospital Insurance**, also called **Medicare Part A**, is financed by a portion of your payroll (FICA) tax. Individuals or their spouse automatically become eligible and are enrolled when they turn 65 years of age and collect Social Security or railroad retirement benefits or have worked long enough in a government job to be insured by Medicare. Part A can help pay for inpatient care in a hospital or skilled nursing facility, home health care or hospice care.

**Medical Insurance**, also called **Medicare Part B**, is partially financed by monthly payments paid by people who choose to enroll. You are automatically eligible for Part B (medical) when you become entitled to Part A (hospital). Since you must pay a monthly premium for Part B (medical) coverage, you have the option of paying for the coverage or turning it down. Part B insurance helps pay for doctor's services and many medical services and supplies that are not covered by the hospital insurance part of Medicare, such as ambulance service, outpatient hospital care, x-rays and home healthcare (under some circumstances paid for under Part A and some circumstances under Part B). If your income and assets are very limited and you want Part B (medical) coverage, there are 3 programs administered by the state Medicaid agency (AHCCCS) that can help. Please contact AHCCCS at **1-800-352-8401** for more information.

**Medicare Advantage**, also called **Medicare Part C** and formerly known as Medicare + Choice, is available in many areas. Medicare Part C plans (or Medicare Advantage Plans) are health plan options that are approved by Medicare but run by private companies. They provide all your Part A and Part B coverage and must cover medically-necessary services. They generally offer extra benefits, and many include Part D drug coverage. You may have to see doctors who belong to the plan or go to certain hospitals to get covered services.

**Prescription Drug Assistance**, also called **Medicare Part D**, is available to some Medicare beneficiaries to help with the costs of the Part D Prescription Drug Program. To qualify, annual income must be limited to \$15,315 for an individual and \$20,535 for a married couple living together. Resources must be limited to \$11,710 for an individual and \$23,410 for a couple. This extra help could reduce or eliminate the monthly premium, deductible, coverage gap and co-pay.

## Eligibility Information

Medicare is our country's health insurance program for people age 65 or older. Certain people younger than age 65 can qualify for Medicare, too, including those who have disabilities and those who have permanent kidney failure or amyotrophic lateral sclerosis (Lou Gehrig's disease). The program helps with the cost of health care, but it does not cover all medical expenses or the cost of most long-term care. Eligibility differs slightly for each program; for specific eligibility information, please visit one of the websites or call one of the numbers listed below.

## How to Apply

If you are already getting Social Security retirement or disability benefits or railroad retirement checks, you will be contacted a few months before you become eligible for Medicare and given the information you need. You will be enrolled in Medicare Parts A and B automatically. However, because you must pay a premium for Part B coverage, you have the option of turning it down.

If you are not already getting retirement benefits, you should contact Social Security about three months before your 65th birthday to sign up for Medicare. You can sign up for Medicare even if you do not plan to retire at age 65.

When you first become eligible for hospital insurance (Part A), you have a seven-month period (your initial enrollment period) in which to sign up for medical insurance (Part B). A delay on your part will cause a delay in coverage and result in higher premiums. If you are eligible at age 65, your initial enrollment period begins three months before your 65th birthday, includes the month you turn age 65 and ends three months after that birthday. If you are eligible for Medicare based on disability or permanent kidney failure, your initial enrollment period depends on the date your disability or treatment began.

If you accept the automatic enrollment in Medicare Part B, or if you enroll in Medicare Part B during the first three months of your initial enrollment period, your medical insurance protection will start with the month you are first eligible. If you enroll during the last four months, your protection will start from one to three months after you enroll.

## Where to Apply

Medicare Part A enrollment is automatic, and Part B is automatic with the option to decline coverage. For information on Medicare programs and eligibility, please visit the Social Security website at [www.ssa.gov](http://www.ssa.gov), or by calling **1-800-772-1213**.

For detailed information about Medicare eligibility and coverage:

<b>Online</b>	<a href="http://www.medicare.gov">www.medicare.gov</a>
<b>Toll-free</b>	1-800-MEDICARE (633-4227)
<b>TTY</b>	1-877-486-2048

## Specified Low-Income Medicare Beneficiary Program (SLMB)

### Program Description

This program allows individuals who have more money or assets to qualify for Medicare. It provides payment of Medicare Part B premium only.

### Eligibility Information

Individuals must be entitled to Medicare Part B, and meet SLMB income limits. To be eligible financially, an individual's net income must be between 100% and 120% of FPL. Applicants must be Arizona residents and U.S. citizens or qualified non-citizens.

### Where to Apply

For more information about the SLMB program, contact:

**AHCCCS/Arizona Long Term Care System:** 1-800-654-8713

# Qualified Medicare Beneficiary Program (QMB)

## Program Description

This program provides payment of Part A and/or Part B Medicare costs, deductibles and co-insurance.

## Eligibility Information

Individuals must be entitled to Medicare Part A, and incomes must not exceed 100% of FPL. Applicants must be Arizona residents and U.S. citizens or qualified non-citizens.

## Where to Apply

For more information about the QMB program, contact:

**AHCCCS/Arizona Long Term Care System:** 1-800-654-8713

# Arizona State Health Insurance Assistance Program (SHIP)

## Program Description

SHIP is a free health-benefits counseling service for Medicare beneficiaries, families, caregivers or professionals. SHIP's mission is to educate, advocate, counsel and empower people to make informed benefit decisions.

SHIP is an independent program funded by federal agencies and is not affiliated with the insurance industry. This program is a partnership of the Department of Economic Security Division of Aging & Adult Services and the Area Agencies on Aging.

How can SHIP help you?

- Medicare Eligibility, Benefits and claim filing
- Medicaid Eligibility, Benefits and claim filing
- Medicare Part D (Medicare Prescription Drug Coverage)
- Long Term Care Insurance information
- Medicare Secondary Payor
- Other types of health insurance benefits
- Medigap insurance, Medicare Supplemental Insurance
- Medicare Advantage Plan options and enrollment
- Medicare Cost Sharing Programs and other Dual Eligible enrollment
- Medicare/Medicaid Errors, Fraud and Abuse

## Who are SHIP counselors?

SHIP counselors are specialists trained in Medicare law and regulations, health insurance counseling and relevant insurance products. SHIP counselors are not connected with any insurance company, nor are they licensed to sell insurance. Their purpose is to serve you objectively and confidentially.

## Eligibility Information

Individuals who are receiving or are applying for Medicare are eligible for assistance from SHIP counselors. For Medicare eligibility see page 57

## Documents To Bring

When you contact the SHIP Program Counselor you will be told which documents to bring to your appointment. Documents needed will vary depending on the specific Medicare issues you are working on resolving.

## How to Apply

To reach SHIP, call **1-800-432-4040**. If you need an appointment, our counselors will SHIP counselors also conduct public presentations on Medicare, Medicare supplemental insurance, long term care insurance, Medicare Advantage options, Medicare/Medicaid errors, fraud, abuse and other issues of importance to beneficiaries and their families.

## Where to Apply

Call the SHIP office nearest you, listed below. If you are unsure which office to contact or need additional assistance, please contact the state office at:

### **DES Division of Aging and Adult Services State Health Insurance and Assistance Program**

1789 W Jefferson St, 950A  
Phoenix, AZ 85007  
Statewide Hotline: 1-800-432-4040

### **Apache, Navajo, Coconino and Yavapai Counties**

#### **Northern Arizona Council of Governments (NACOG)**

119 E Aspen Ave  
Flagstaff, AZ 86001  
Medicare Information  
928-213-5235 or 1-877-521-3500  
www.nacog.org

### **Graham, Greenlee, Cochise, Santa Cruz Counties**

#### **South Eastern Arizona Governments Organization**

300 Collins St  
Bisbee, AZ 85603  
520-420-5301  
www.seago.com

### **La Paz and Mohave Counties**

#### **Western Arizona Council of Governments (WACOG) Region Four**

224 S Third Ave  
Yuma, AZ 85364  
928-217-7121  
www.wacog.com

### **Maricopa County**

#### **Area Agency on Aging – Region One**

1366 E Thomas Rd, Suite 108  
Phoenix, AZ 85014  
Benefits Assistance Program  
602-264-2255  
www.aaaphx.org

### **Navajo Nation**

#### **Division of Social Services/BGSP**

P.O. Box 4590  
Window Rock, AZ 86515  
Medicare Information  
928-872-6174

## **Pima County**

### **Pima Council on Aging**

8467 E Broadway Blvd  
Tucson, AZ 85710-4009  
Medicare/Health Insurance Assistance Program  
520-546-2011  
www.pcoa.org

## **Pinal & Gila Counties**

### **Pinal Gila Council for Senior Citizens**

8969 W McCartney Rd  
Casa Grande, AZ 85222  
Benefits Counseling  
520-836-2758 or 520-836-2758 (1)  
www.pgsc.org

## **Mohave County**

### **Wagog Region Four**

208 N 4th St  
Kingman, AZ 86401  
(800) 782-1886  
www.wacog.com

## **Other Tribal Nations**

### **Inter Tribal Council of Arizona**

2214 N Central Ave, #100  
Phoenix, AZ 85004-1423  
Medicare Information  
602-258-4822  
www.itcaonline.com

# County Health Departments

## **Program Description**

County Health Departments offer a variety of low-cost services to the public. You **do not** have to be on AHCCCS (see page 51) to be eligible. Your local county health department may offer services such as: newborn and child health care, including child abuse and neglect prevention programs, immunizations, family planning, pre-natal and postpartum care, nutritional counseling, WIC services, home health care, treatment of sexually transmitted diseases, HIV counseling, TB testing, dental services, tobacco prevention programs, and environmental health programs. Additionally County Health Departments offer chronic disease prevention programs, nutrition education and women's cancer screenings.

## **Eligibility Information**

Most people are eligible for some of the services provided at County Health Departments. The level of your income maybe used to determine the amount of your co-payment.

## **How to Apply**

For most of the County Health Departments, you should call first and speak to the receptionist for information on what services they offer. You may be asked for information about your household and your income. You can also get a schedule for immunization site visits from the receptionist.

## **Documents To Bring**

If you are bringing your child for immunization services, you should bring records of any previous immunizations.

## **How To Apply**

Contact the main County Health Department in your county (listed below) for referral to the office nearest you.

## **Apache County**

395 S 1st St  
St. Johns, AZ 85936  
928-337-7525

## **Cochise County**

1415 W Melody Ln  
Building A  
Bisbee, AZ 85603-3037  
520-432-9400

1415 E Foothills Dr  
Sierra Vista, AZ 85635  
520-803-3900

## **Coconino County**

2625 N King St  
Flagstaff, AZ 86004  
928-679-7272

## **Gila County**

5515 S Apache Ave  
Globe, AZ 85501  
928-425-3189

## **Graham County**

826 W Main St  
Safford, AZ 85546  
928-428-4441

## **Greenlee County**

PO Box 936  
253 5th St  
Clifton, AZ 85533  
928-865-2601

## **La Paz County**

1112 Joshua Ave #206  
Parker, AZ 85344  
928-669-6155

## **Maricopa County**

4041 N Central Ave,  
Suite 1400  
Phoenix, AZ 85012  
602-506-6900

## **Mohave County**

700 W Beale St  
Kingman, AZ 86402  
928-753-0748

## **Navajo County**

117 E Buffalo St  
Holbrook, AZ 86025  
928-524-4750

## **Pima County**

3950 S Country Club Rd  
Suite 100  
Tucson, AZ 85714  
520-243-7930

## **Pinal County**

PO Box 2945  
500 S Central Ave  
Florence, AZ 85232  
520-866-7054  
800-231-8499

## **Santa Cruz County**

2150 N Congress Dr  
Nogales, AZ 85621  
520-761-7800, ext 3076

## **Yavapai County**

1090 Commerce Dr  
Prescott, AZ 86305  
520-771-3125

## **Yuma County**

2200 W 28th St  
Yuma, AZ 85364  
928-317-4530

## **Phoenix Area Indian Health Services**

Two Renaissance Square  
40 N Central #600  
Phoenix, AZ 85004  
602-364-5039

## **Navajo Area Indian Health Services**

P.O. Box 9020  
Window Rock, AZ 86515  
928-871-4811

# **Community Health Centers**

## **Program Description**

Community Health Centers are clinics that provide a broad range of comprehensive medical services like those a family doctor would provide. These may include internal medicine/family practice care, pediatrics, immunizations, OB/ GYN, prenatal care, and HIV testing and counseling. Some centers also provide mental health and dental care, as well as having pharmacy and x-ray facilities onsite. In addition, Community Health Centers can provide or refer you to other assistance programs like family planning, WIC (see page 44) and AHCCCS eligibility (see page 54). Each center is community-designed and, as a result, all Community Health

Centers do not offer all of the same services. Most Community Health Centers provide services to people whether or not they have insurance or are on Medicare or AHCCCS. Fees charged for services to those who are uninsured are often based on what a participant can afford to pay (sliding fee scale).

## **Eligibility Information**

In most of the Community Health Centers, any Arizona resident is eligible for medical care. The exceptions are the Community Health Centers which specifically target Native Americans. For these centers, you may be required to show proof of tribal enrollment/degree of Indian blood.

## **How to Apply**

- If you are on AHCCCS, Medicare or have private insurance, you will need to bring verification of enrollment in these programs. Remember, if you are not in any of these programs, you are **still eligible** to receive care from a Community Health Center.
- If you are Native American and wish to visit one of the Community Health Centers that specifically targets Native Americans, you may need to bring proof of enrollment in your tribe.
- It may be helpful for you to call the center ahead of time and find out what documents they need for proof.
- Some of the clinics listed are satellite offices and have limited hours of operation. Call ahead and verify the hours of operation and intake procedure of the Community Health Center you wish to visit.

## **Where to Apply**

In most counties, there are several locations. In some cases, there is a Main Center that has satellite Clinic locations, as noted below. Please contact the Main Center or Clinic to inquire about the specific services they offer.

## **Apache County**

### **North Country Community Health Center**

830 E Main St  
Suite 230  
Springerville, AZ 85938  
928-333-0127

### **North Country Community Health Center**

626 N 13th West  
St Johns, AZ 85936  
928-337-3705

## **Cochise County**

### **Main Center**

#### **Chiricahua Community Health Centers, Inc**

PO Box 263  
10566 N Hwy 191  
Elfrida, AZ 85610  
520-642-2222

### **Clinics**

#### **Jennifer "Ginger" Ryan Clinic**

1100 F Avenue  
Douglas, AZ 85607  
520-364-3285



**Chiricahua Community Health Center**

108 Arizona St  
 Bisbee, AZ 85603  
 520-432-3309

**Main Center****Cooper Queen Hospital**

101 Cole Ave  
 Bisbee, AZ 85603  
 520-432-5383

**Clinic**

Douglas Clinic  
 100 E 5th St  
 Douglas, AZ 85607  
 520-364-7659

**Coconino County****Main Center****North Country Community Health Center**

2500 N Rose St  
 Flagstaff, AZ 86004  
 928-213-6100

2920 N 4th St  
 Flagstaff, AZ 86004

**Clinics****North Country Community Health Center**

112 Park Ave  
 Ashfork, AZ 86320  
 928-637-2305

**North Country Community Health Center**

830 E Main St  
 Suite 230  
 Springerville, AZ 85938  
 928-333-0127

**North Country Community Health Center**

626 N 13th West  
 St. Johns, AZ 85936  
 928-337-3705

**North Country Community Health Center**

22585 W Oak St  
 Seligman, AZ 86337-0776  
 928-422-4017

**North Country Community Health Center**

620 W Lee St  
 Winslow, AZ 86047  
 928-289-2000

**North Country Community Health Center**

1 Clinic Rd  
 Grand Canyon, AZ 86023  
 928-638-2551

**North Country Community Health Center**

1401 West Florida St  
 Holbrook, AZ 86025  
 928-524-2851

**North Country Community Health Center**

2500 N Ross Ave  
 Flagstaff, AZ 86025

**Main Center****Canyonlands Community Health Care**

PO Box 1625  
 827 Vista Ave  
 Page, AZ 86040  
 (928) 645-9675

**Clinics****Fredonia Community Health Center**

PO Box 175  
 100 E Wood Hill Rd  
 Fredonia, AZ 86022-0175  
 928-643-6215

**Kaibeto Clinic****Kaibeto Boarding School Dorm #4**

P.O. Box 2121  
 Kaibeto, AZ 86053  
 928-673-3491

**Lake Powell Medical Center**

467 Vista Ave  
 Page, AZ 86040  
 928-645-8123

**Canyonlands Urgent Care**

440 N Navajo Dr  
 Page, AZ 86040  
 928-645-1700

**Graham County****Clinic**

Safford Community Health Center  
 618 S Central Ave  
 Safford, AZ 85546  
 928-428-1500

**Greenlee County****Clinics****Duncan Community Health Center**

227 Main St  
 Duncan, AZ 85534  
 928-359-1380

**Clifton Community Health Center**

759 Suite A, S Ward Canyon Rd  
 Clifton, AZ 85533  
 866-865-4511

**Maricopa County****Native Health**

4520 N Central  
 Phoenix, AZ 85012  
 602-279-5262

**John C Lincoln Community Health Center**

9201 N Fifth St  
 Phoenix, AZ 85020  
 602-331-5779

**Maricopa Health Care for the Homeless**

220 S 12th Ave  
 Phoenix, AZ 85007  
 602-372-2100

**Main Center****Maricopa Integrated Health System**

2601 E Roosevelt St  
Phoenix, AZ 85008  
602-344-5011

**Clinics****Avondale Family Health Center**

950 E Van Buren St  
Avondale, AZ 85323  
623-344-6800

**Chandler Family Health System**

811 S Hamilton  
Chandler, AZ 85225  
480-344-6100

**El Mirage Family Health Center**

12428 W Thunderbird  
El Mirage, AZ 86335  
623-344-6500

**Glendale Family Health Center**

5141 W Lamar  
Glendale, AZ 85301  
623-344-6700

**Guadalupe Family Health Center**

5825 E Calle Guadalupe  
Guadalupe, AZ 85283  
480-344-6000

**Maryvale Family Health Center**

4011 N 51st Ave  
Phoenix, AZ 85031  
623-344-6900

**Mesa Family Health Center**

59 S Hibbert  
Mesa, AZ 85210  
480-344-6200

**Seventh Avenue Family Health Center**

1205 S 7th Ave  
Phoenix, AZ 85007  
602-344-6600

**South Central Family Health Center**

33 W Tamarisk  
Phoenix, AZ 85041  
602-344-6400

**Sunnyslope Family Health Center**

934 W Hatcher  
Phoenix, AZ 85021  
602-344-6400

**Main Center****Mountain Park Health Center**

2702 N 3rd St  
Suite 4020  
Phoenix, AZ 85004  
602-323-3242

**Clinics****Mountain Park Health Center**

635 E Baseline Rd  
Phoenix, AZ 85042  
602-323-3400

**Mountain Park Health Center**

4616 N 51st Ave  
Suite 203  
Phoenix, AZ 85031  
602-247-9245

**Mountain Park Health Center**

1492 S Mill Ave  
Suite 312  
Tempe, AZ 85281  
480-921-1100

**Mountain Park Health Center**

9169 W Van Buren  
Tolleson, AZ 85353  
623-936-6795

**Mountain Park Health Center**

690 N Cofco Center Court,  
Suite 230  
Phoenix, AZ 85008-6438  
602-286-6090

**Main Center****Clinica Adelante, Inc**

16551 N Dysart Rd  
#104A  
Surprise, AZ 85374  
623-583-3001

**Clinics****Tidwell Family Care Center**

16560 N Dysart Rd  
Surprise, AZ 85374  
623-546-2294

**Adelante Women's Health Center**

14300 W Granite Valley Dr  
#A2  
Sun City, AZ 85375  
623-644-3214

**Buckeye Dental Care**

306 E Monroe  
Buckeye, AZ 85326-2706  
623-386-1630

**Buckeye Family Care Center**

306 E Monroe  
Buckeye, AZ 85326-2706  
623-386-4814

**East Valley Family Care**

2204 Dobson Rd  
#101  
Mesa, AZ 85202  
480-491-6235

**Gila Bend Primary Care Center**

100 N Gila Blvd  
Gila Bend, AZ 85337-2668  
623-932-5725

**Rural Heal Team Mobile Clinic**

306 E Monroe  
Buckeye, AZ 85326-2404  
623-386-6114

**Wickenburg Family Care Center**

466 W Wickenburg Way  
Wickenburg, AZ 85390-3211  
928-684-9555

**Mojave County****Clinic****Northwest Arizona Regional Health Center**

1-15 Exit 9 at Fire Station  
Littlefield, AZ 86432  
928-347-5971

**Navajo County****Clinic****Chilchinbeto Clinic**

P.O. Box 1496  
Kayenta, AZ 86033  
928-697-8154

**Pima County****Main Center****St Elizabeth's Health Center**

140 W Speedway Blvd  
Tucson, AZ 85705  
520-628-7871

**Clinics****St Elizabeth's at Santa Rosa Neighborhood Center**

1080 S Tenth Ave  
Tucson, AZ 85701  
520-628-7871

**St Elizabeth's at Flowing Wells Neighborhood Center**

2561 Ruthrauff Rd  
Tucson, AZ 85705  
520-628-7871

**Main Center****United Community Health Centers, Inc**

81 W Esperanza Blvd  
Green Valley, AZ 85614  
520-625-4401

**Clinics****Arivaca Clinic**

17388 West 3rd St  
Arivaca, AZ 85601  
520-398-2621

**Continental Family Medical Center**

1150 Whitehouse Canyon Rd  
Green Valley, AZ 85622  
520-625-3691

**Three Points Clinic**

15921 West Ajo Way  
Tucson, AZ 85735  
520-822-2335

**Main Center****Desert Senita Community Health Center**

410 Malacate St  
Ajo, AZ 85321  
520-387-5651

**Clinic****Desert Senita Dental Center**

140 Estrella Ave  
Ajo, AZ 85321

**Main Center****El Rio Health Center**

839 W Congress St  
Tucson, AZ 85745  
520-792-9890

**Clinics****COPE/El Rio Integrated Health Care**

1101 East Broadway  
Tucson, AZ 85719  
520-792-3962

**COPE/El Rio Behavioral Health**

01 West Congress  
Tucson, AZ 85745  
520-623-9312

**El Rio Special Immunology Associates**

1701 W St Mary's Rd  
Suite #160  
Tucson, AZ 85745  
520-628-6287

**El Rio OB/GYN Associates**

225 West Irvington  
Tucson, AZ 85714  
520-884-7304

**El Rio Northwest Clinic**

330 W Prince Rd  
Tucson, AZ 85705  
520-670-3909

**El Rio Southwest Pediatrics**

1500 West Commerce Ct  
Tucson, AZ 85705  
520-670-3909

**El Rio Southwest II, Internal Medicine**

1510 West Commerce Ct  
Tucson, AZ 85746  
520-670-3909

**El Rio Southwest Dental**

1530 West Commerce Ct  
Tucson, AZ 85746  
520-670-3909

**El Rio Pascua Yaqui Clinic**

7490 South Camino de Oeste  
Tucson, AZ 85746  
520-879-6225

**Pima County Access Program**

655 East River Rd  
Tucson, AZ 85704  
520-694-4854

**Homeless Program**

1101 East Broadway  
Tucson, AZ 85719  
520-624-7750

**El Rio Flowing Wells Dental**

4009 N Flowing Wells Rd  
Tucson, AZ 85705  
520-408-0836

**Main Center****Marana Health Center, Inc**

11981 W Grier Rd  
Marana, AZ 85653  
520-682-4560

**Clinics****El Pueblo Health Center**

101 W Irvington Rd  
Tucson, AZ 85714  
520-573-0096

**Ortiz Community Health Center**

12635 W Rudasill Rd  
Tucson, AZ 85743  
520-682-3777

**MHC Obstetrics and Gynecology**

2055 W Hospital Dr  
Tucson, AZ 85704  
520-797-7550

**Santa Catalina Health Center**

15631 N Oracle Rd  
Suite 141  
Tucson, AZ 85739  
520-825-6841

**Erickson Health Center**

6750 E Stella Rd  
Tucson, AZ 85716  
520-684-5010

**Freedom Park Health Center**

5000 E 29th St  
Tucson, AZ 85716  
520-790-8500

**Keeling Health Center**

435 E Glenn Rd  
Tucson, AZ 85705  
520-696-6969

**Pinal County****Main Center****Sun Life Family Health Care, Inc**

865 N Arizona Rd  
Casa Grande, AZ 85222  
520-836-3446

**Clinics****Eloy Clinic**

501 N Main St  
Eloy, AZ 85231  
520-466-7883

**San Manuel**

23 McNab Parkway  
San Manuel, AZ 85631  
520-385-2234

**Maricopa Clinic**

4765 Hathaway Ave  
Maricopa, AZ 85239  
520-568-2245

**Coolidge Clinic**

1284 North Arizona Blvd  
Coolidge, AZ 85228  
520-723-9131

**Casa Grande Clinic**

865 N Arizona Rd  
Casa Grande, AZ 85222  
520-863-3446

**Oracle Clinic**

1870 W American Way  
Oracle, AZ 85623  
520-896-2092

**Santa Cruz County****Main Center****Mariposa Community Health Centers, Inc**

1852 N Mastick Way  
Nogales, AZ 85621  
520-281-1550

**Clinic****Family Health Center**

101 Taylor Ave  
Patagonia, AZ 85624  
520-394-2262

**Yavapai County****Main Center****Community Health Center of Yavapai**

3212 N Windsong Dr  
Prescott, AZ 86314  
928-583-1000

**Clinics****Chino Valley**

1951 Voss Dr  
Chino Valley, AZ 86323  
928-583-1000

**Cottonwood**

10 S 6th St  
Cottonwood, AZ 86326  
928-639-8132

**Prescott**

1090 Commerce Dr  
Prescott, AZ 86305  
928-583-1000

**Sedona**

3700 W Highway 89A  
Sedona, AZ 86336  
928-639-8132

**Yuma County****Main Center****Sunset Community Health Center**

2060 W 24th St  
Yuma, AZ 85364  
928-819-8999

**Clinics****Sunset Community Health Center-Adults**

1645 W 24th St  
Yuma, AZ 85364  
928-344-4216

**Sunset Community Health Center**

744 E Juan Sanchez Blvd  
San Luis, AZ 85349  
928-627-3822

**Sunset Women's Health Center**

1965 W 24th St  
Suite B  
Yuma, AZ 85364  
928-726-5950

**Sunset Community Health Center-Pediatrics**

2060 W 24th St  
Yuma, AZ 85364  
928-344-5112

**Sunset Community Health Center**

10426 Williams St  
Welton, AZ 85356  
928-785-3256

**Sunset Community Health Center**

1 N 2nd Ave  
San Luis, AZ 85349  
928-627-8584

## Regional Behavioral Health Authorities (RBHAs)

**Program Description**

The Regional Behavioral Health Authorities provide a wide range of services to treat individuals with emotional problems, mental illness, drug/alcohol abuse, or domestic violence. Services include:

- outpatient & residential services
- counseling
- case management

**Eligibility Information**

There are four Regional Behavioral Health Authorities and four Tribal Regional Behavioral Health Authorities and tribal contractors in Arizona providing services through different programs or referring individuals to community organizations that provide the service needed. Fees charged by these agencies vary according to the client's ability to pay (sliding fee). No fees are charged to individuals enrolled with AHCCCS for services covered.

## How to Apply

If you have a low or limited income and you or a family member is having emotional, mental or drug-related problems and you need help, call the Regional Behavioral Health Authority in your area. In order to properly access the help you are looking for, you will need to describe the problem you are having, your behavioral health history, use of medications or drugs, Social Security number and, if any, AHCCCS or insurance information.

Based on the information you supply, the evaluator may:

- Refer you for an appointment to complete the intake process.
- Refer you for application to AHCCCS.
- Refer you to a local community agency for services provided on a sliding fee basis.

## Where to Apply

Although all the Regional Behavioral Health Authorities covering Arizona provide the same kinds of services, they may run the programs differently. Please call the Regional Behavioral Health Authority in your county for more specific information about services.

### Maricopa County

#### **Magellan Health Services for Maricopa**

4129 E Van Buren,  
Suite 150  
Phoenix, AZ 85008  
1-800-564-5465  
TTY: 602-914-5809  
Crisis: 602-222-9444 or 1-800-631-1314 or  
TTY: 602-274-3300  
www.magellanformaricopa.com

### Yuma, La Paz, Pinal and Gila Counties

#### **Cenpatco Behavioral Health of Arizona**

1501 W Fountainhead Corporate Park  
Suite 295  
Tempe, AZ 85282  
1-866-495-6738  
TDD/TTY 1-877613-2076  
CRISIS LINE 1-866-495-6735 (24 hrs per day)

### Coconino, Mohave, Yavapai, Navajo and Apache Counties

#### **Northern Arizona Regional Behavioral Authority (NARBA)**

125 East Elm Ave  
Flagstaff, AZ 86001  
928-774-7128 or  
1-800-640-2123

### Pima County

#### **Community Partnership of Southern AZ (CPSA)**

4575 E Broadway Blvd  
Tucson, AZ 85711  
520-325-4268 or  
1-800-959-1063

### Cochise, Graham, Greenlee and Santa Cruz Counties

#### **Community Partnership of Southern AZ**

999 E Fry Blvd  
Sierra Vista, AZ 85635  
520-417-9430 or 1-800-959-1063

### Santa Cruz County

#### **SEABUS Crisis Hotline**

1-800-586-9161

## Family Planning

Family planning information and services can be obtained from several of the programs listed in the Health Care section. Your **AHCCCS** provider, **County Health Department** (see page 75) or **Community Health Center** (see page 58) may offer such services.

## Planned Parenthood

Planned Parenthood provides reproductive health care and education at its centers statewide. Services provided may include well-woman gynecological exams, pap smears, pregnancy testing and counseling, birth control methods, HIV testing, testing and treatment for sexually transmitted infections and pregnancy termination. Not all clinics offer the same range of services. Contact each clinic for information on services they offer. Planned Parenthood has no eligibility requirements.

Fees for service are often based on what a client can afford to pay (sliding fee scale). Please contact the Planned Parenthood office nearest you for more information.

### Coconino County

1304 S Plaza Way  
Flagstaff, AZ 86001  
928-779-3653

### Maricopa County

127 E Western Ave  
Avondale, AZ 85323  
623-932-5111

610 N Alma School Rd  
Chandler, AZ 85224  
480-814-0024

5771 W Eugie  
Glendale, AZ 85304  
623-934-3244

140 N Litchfield Rd  
Suite 100  
Goodyear, AZ 85338  
623-932-5111

2722 S Alma School Rd  
#5  
Mesa, AZ 85210  
480-838-1246

1235 S Gilbert Rd  
Mesa, AZ 85204  
480-892-7888

4434 W Thomas Rd  
Phoenix, AZ 85031  
602-272-6691

3346 W Bell Rd  
Phoenix, AZ 85023  
602-866-8821

5651 N 7th St  
Suite B  
Phoenix, AZ 85014  
602-265-2227

4615 S Central Ave  
Phoenix, AZ 85040  
602-268-1588

3131 E Thunderbird Rd  
Suite 48  
Phoenix, AZ 85032  
602-953-9000

7901 E Thomas Rd  
Scottsdale, AZ 85251  
480-949-8765

1250 E Apache Blvd  
#108  
Tempe, AZ 85281  
480-967-9414

### **Pima County**

2255 N Wyatt Dr  
Tucson, AZ 85712  
520-624-1761

529 W Wetmore Rd  
Tucson, AZ 85705  
520-884-5562

**Archer Health Center**  
1665 S La Cholla Blvd  
Tucson, AZ 85713  
520-628-3066

### **Yavapai County**

656 W Gurley  
Prescott, AZ 86305  
928-776-0420

### **Yuma County**

1455 W 16th St  
Yuma, AZ 85364  
928-343-3012

## **Baby Arizona**

This program provides referral and prenatal care for pregnant women who are uninsured.

Services provided include:

- Referral to locations that provide a free pregnancy test.
- Help making an appointment with a doctor or midwife.
- Prenatal care information or questions on breast feeding.

Once referred to a Baby Arizona provider, pregnant women will apply for AHCCCS right in the doctor's office. If found eligible for AHCCCS, all prenatal care, delivery and 60 days postpartum services will be provided at no cost.

For additional information, contact:

**Baby Arizona Hotline:** 1-800-833-4642

## **Immunizations and Children's Information Center Hotline**

Immunization services can be obtained from several of the programs listed in the Health Care section. If you are on AHCCCS be sure to contact your primary care provider first to arrange for immunizations.

**Community Health Centers** (see page 60) or your **AHCCCS** provider can offer a wide range of children's health care services, including immunizations. **County Health Departments** (see page 54) also offer immunization services to children at low or no cost. Some County Health Departments provide immunizations through site visits to places like shopping malls, food banks and CAP offices in your local area.

You can obtain the schedule for immunization site visits by calling your local County Health Department.

If you are bringing your child for immunization services, you should bring records of any previous immunizations

For more information about immunizations or about other child health issues, call:

**Children's Information Center Hotline:** 1-800-232-1676  
(toll-free)

## **Reduced Fee Dental Clinics**

Reduced fee dental clinics provide a variety of dental services, ranging from preventative care to oral surgery and dentures. Please contact the clinic closest to you for specific eligibility information and to make an appointment.

### **Tribal**

Contact your local Indian Health Services. For information on locating the correct Indian Health Services, please contact the **Inter Tribal Council of Arizona** at 602-258-4822.

### **Mobile Units**

**Statewide**  
Reachout Health Care America  
623-434-9343

**Maricopa County**  
Coronado Dental Service  
480-461-8683

**Pima County**  
Tucson – U of A Mobile  
520-626-2267

### **Apache County**

**North Country Community Clinic**  
928-289-2000

## **Cochise County**

**Chiricahua Community Health Center**  
520-642-2222

## **Coconino County**

**Coconino County Department of Health**  
928-679-7272

**Fredonia Community Health Center**  
928-643-6215

## **Maricopa County**

**Area Agency on Aging (Dentures Only)**  
602-264-2255

**Avondale Family Health Center Dental Clinic**  
623-344-6800

**CASS Homeless Shelter**  
602-256-6945

**Chandler Family Health Center Dental Clinic**  
480-344-6109

**Small Smiles**  
602-233-3133

**Buckeye Dental Clinic**  
877-809-5092

**Dave Pratt Boys and Girls Cub**  
602-271-9961

**Desert Mission Dental Clinic**  
602-870-6363

**East Valley Adult Resource Center**  
480-962-5612

**Glendale Family Health Center Dental Clinic**  
623-344-6700  
to see if you qualify first

**Gompers Center**  
602-336-0061

**Homeward Bound**  
602-263-7654

**Maricopa Medical Center Dental Clinic**  
602-344-1005

**Mesa Family Health Center Dental Clinic**  
480-344-6209

**Mountain Park Dental Clinic-South**  
Phoenix  
602-243-7277

**Native American Community Health Center**  
602-279-5262

**Neighborhood Christian Clinic**  
602-258-6008

**St Joe's Mercy Care Dental Clinic**  
602-406-3560

**St Vincent de Paul**  
602-261-6868

**South Central Dental Clinic**  
602-344-6489

## **Mohave County**

**Northwest Arizona Regional Health Center & Dental Clinic**  
928-347-5971

## **Navajo County**

**North Country Community Health Center**  
928-289-2000

## **Pinal County**

**Sun Life Family Health Center**  
520-836-3446

## **Pima County**

**Comstock Children's Foundation**  
520-324-3100

**Desert Senita Medical Center**  
520-387-4500

**El Rio Clinic Central**  
520-670-3758

**El Rio Clinic Northwest**  
520-408-0836

**El Rio Clinic Southwest**  
520-770-2700

**Marana Dental Clinic**  
520-682-4111

**St Elizabeth's of Hungary Dental Clinic**  
520-628-7871

**United Community Health/Continental Dental**  
520-625-3691

## **Santa Cruz County**

**Mariposa Community Health Center Dental**  
520-281-1550

## **Yavapai County**

**North Country Health Center**  
928-213-6100

**VA Medical Center Dental Clinic**  
928-776-6177

**Yavapai County Community Health**  
928-583-1000

## **Yuma County**

**Sunset Community Health Center Somerton**  
928-627-8806

**Sunset Community Health Center San Luis**  
928-627-8584

**Sunset Community Health Center Wellton**  
928-785-3256

# **CoppeRx Card**

## **Program Information**

The CoppeRx Card provides substantial discounts on prescription drug prices. It is free of charge, and provides discounts ranging from 15% to 55% on all prescription drug purchases. More than 500 pharmacies across the state accept the CoppeRx Card.

## **Eligibility Information**

Every Arizonan is eligible for the CoppeRx Card. Please contact your pharmacy to be sure they accept the CoppeRx Card.

## **How to Apply**

No application is necessary. Enrollment is open to all Arizonans who complete an enrollment form.

## **Where to Apply**

You can enroll for the CoppeRx Card by phone or online by calling or visiting:  
**1-888-227-8315 (toll free)**

<https://az211.com/h856w808/CopperSecure.cfm>

A downloadable brochure is also available online in both English and Spanish. Simply print the brochure, and present the temporary card to your pharmacy to access the discount. Once you use the temporary card, you will be automatically enrolled in the CoppeRx Card program, and a permanent card will be mailed to you. Please check with your pharmacy to see if they accept the CoppeRx Card.

For more information, please visit the Office of the Governor's website at <http://azgovernor.gov/coppercard/>.



FOOD  
 MEDICINE  
 BED TO SLEEP IN

**WHICH ONE WOULD YOU CHOOSE FOR YOUR CHILD?**

It's impossible to live a good life when all of your choices are bad. Today there are 100,000 Arizonans who hold jobs and participate in our community, yet still have to choose between buying food and paying their bills. How can you help? Visit our website today and find out how you can help Arizona's poor get the resources they need to become self-sufficient once again. **ChooseToHelp.org**  
Call 602.604.0640, or visit [www.ChooseToHelp.org](http://www.ChooseToHelp.org) today.

